

Character Be About It (CBAI)

What are the scientific effects of this program?

Does CBAI Promote Positive Character Traits and Reduce At-Risk Behavior?

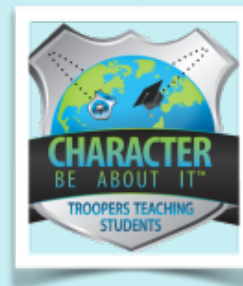
Character Be About It is a universal, prevention-based program taught by trained law enforcement officers to instill important character traits (e.g., self-control) in today’s youth.

STUDY DESIGN

Results from a quasi-experimental, longitudinal study demonstrated the effectiveness of the CBAI program for adolescents. This evaluation included 245 students (73% people of color; 52% male) in 6th grade attending city schools.

STUDY FINDINGS

Evaluation results indicated that students who participated in the program compared to their peers who did not, endorsed more positive attitudes towards police officers and were less likely to endorse aggressive behavior. Moreover, students participating in the program reported more self-control.



Outcome Depends on Race & Gender



Results showed a trend – White females who participated in the CBAI program reported higher self-esteem.

CBAI Promotes More Self-Control & More Positive Attitudes

1

MORE POSITIVE ATTITUDES TOWARDS POLICE

2

REPORTED BETTER SELF-CONTROL

3

ENDORSED LESS AGGRESSIVE BELIEFS ABOUT PHYSICAL AGGRESSION

4

ENDORSED LESS RELATIONALLY AGGRESSIVE

For females ONLY